

**AfriWon Renaissance**  
**(WONCA Africa YDM)**



AfriWon has actively engaged its members through various social media platforms, the theme groups have worked hard to create interesting interactive activities to enable collaboration and engagement. Here is an account of the various theme activities

### **1. Education theme group and Image theme group**

The two groups are led by Dr Yakubu Kenneth of Nigeria. This first quarter they have managed to hold monthly meetings; set up a CPD quiz which was distributed via various social media platforms, and Kenya Family Physicians emerged winners in this quiz.

The Education theme group held several interactive google hangouts:

- On Mentorship in Family Medicine guests were from all over Africa with a guest speaker from USA.
- [Interview with Afriwon chair](#) – Dr Joy Mugambi on her term as chair.
- Interview with Ana Nunes Barata on her term as Young Doctors' Movement representative on WONCA Executive
- The theme group in collaboration with iheed and St George's University of London, held a webinar on 20 July 2018. Theme: Insulin initiation, in type 2 Diabetes Mellitus.

The education theme group also elected a new lead - Dr Bol.

Challenges: Participation of young doctors is low, and with poor internet connectivity it is a challenge connecting.

### **2. Exchange theme group**

The exchange theme group is led by Dr Kabera Rene, of Rwanda. This year he has coordinated three international exchange candidates namely:

- Ana Paula De Melo Deas, from Brazil, who was attached to a facility in Rwanda. She came under the FM360 program and concluded the exchange program in a Palliative and Hospice Care center (Kibagaba hospital).
- Balanr Iskos, from Spain, was attached under the FM360 program to St John of God Hospital, in Kumasi, Ghana. His supervisors are Dr Spangenberg and Dr Obeng.
- Candan Kendir, from Turkey's application is being processed for an exchange in Nigeria.

Challenges: We have no Africans seeking exchange opportunities within and outside Africa.

### **3. Rural Health theme group (ARHT)**

The rural health theme group is led by Dr Joy Mugambi. It is newly begun and has three members at the moment. We are looking to grow and collaborate with other young doctors as we share strengths and challenges of Family Physicians practicing in rural areas. The ARHT members self-sponsored to attend the WONCA World Rural Conference in Delhi. Joy Mugambi was nominated as a WONCA Rural Council member representing young African family doctors. She also ran three Rural Emergency Medicine Workshops, in collaboration with young doctors from India, and had the opportunity to attend the Spice Route Workshop and share the African experience and benefits of collaboration. Dr Innocent Besiege, of Uganda, was awarded best oral presentation and Dr Pemi, of Nigeria, presented with two scientific posters.

4. **Research theme group** – Led by Dr Miriam Miima, of Kenya

The research theme group has been running Family Medicine related research projects and has active members. They recently elected a new, lead, Pius Ameh, who will serve from 2019-2021. Overall we have challenges in poor member participation, lack of funding for research.



*Image 1: WONCA Rural Conference, the AfriWon Renaissance team*

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